

**Capital Area Human Services District Board Meeting
September 12, 2016**

Directors Present: Becky Katz, Chair; Laverne Aguillard; Rev. Louis Askins; Christy Burnett; Dana Carpenter, Ph.D.; Gerri Hobdy; Gail Hurst; Vickie King; Stacey Morales; Thomas Sawyer.

Directors Absent: Amy Betts, Vice-Chair; Kay Andrews; Kathy D’Albor; Sandi Record; Gary Spillman; and Barbara Wilson

CAHSD Executive Staff Member(s) Present: Jan Kasofsky, PhD, Executive Director

TOPIC	RESPONSIBLE PERSON	DISCUSSION	FOLLOW-UP
Approval of the September 12, 2016 Consent Agenda and Approval of the Minutes for August 8, 2016	Ms. Katz	<p>Ms. Katz called the meeting to order at approximately 3:04 p.m. A quorum was present. Christy Barnett made a motion to approve the September 12, 2016, Consent Agenda, the minutes of August 8, 2016, and to move all action items under the Chairman’s Report with the Consent Agenda. Dr. Carpenter seconded the motion.</p> <p>Dr. Kasofsky introduced new Board member, Thomas Sawyer. Mr. Sawyer gave a brief overview of his background. Board members provided individual introductions. Dr. Kasofsky stated that new Board member orientation would take place soon.</p>	There were no objections and the motion passed.
Communications	Dr. Kasofsky	<ul style="list-style-type: none"> • Dr. Kasofsky was recently in New Orleans to serve as a review panelist for a movie called Shattered Lives. The movie is about people who have mental illness and how so many are incarcerated. She provided a brief overview of the movie. • A summary of the report by Daryl G. Purpera, CPA, CFE titled “Evaluation of Strategies to Reduce Louisiana’s Incarceration Rate and Costs for Nonviolent Offenders” was provided for review. There was brief discussion regarding the information presented. • There was brief discussion re: the mental health reform law that Dr. Kasofsky worked on with Dr. Cassidy. Dr. Kasofsky will relook at this reform and present the major points of what it looks like now to the Board. • The National Dialogues on BH Conference is in New Orleans, October 23-26th. • CAHSD Annual Training is October 7th at the Catholic Life Center, 1800 South Acadian Thruway. John Arden, PhD is the speaker. Dr. Kasofsky gave an overview of the speaker. Board members are invited to attend. A box lunch is provided. Dr. Kasofsky and B. Katz will let members know if this training meeting will serve as the October Board meeting. 	
Response to Flood Events	Dr. Kasofsky	<ul style="list-style-type: none"> • Dr. Kasofsky stated that the August 2016 flooding has been a huge event but is a lot less chaotic than Hurricane Katrina. She reported that it has 	

been a pleasure to work with the many people who have trained across the State and particularly in Region 2. She stated that with Civil Service layoffs and privatization of other governmental entities, a staff shortage was created in the shelters. With less government employees, it means either there is a weaker response or that the state has to contract with people from outside of the state who will come in to work and be paid. They have to find transportation and lodging. These two things make it difficult for the workers to come/stay when the area is facing an evacuation or if the people impacted need to be housed in hotels because they don't have a home themselves. Civil Service staff is mandated to report to specific shelters.

- CAHSD's residential program, CARP, was evacuated on Sunday. Initially, the clients were moved to the CAHSD Government Street location with the plan to wait until daylight and, if needed, evacuate to a facility that has an MOU with CAHSD. Medications were given as scheduled and a program was provided. Breakfast and lunch were provided. The clients were evacuated to the Medical Special Needs Shelter (MSNS) for one night and were contained as a unit until returning to CARP.
- CAHSD Shelter Update: CAHSD staff rotated in/out of the MSNS Shelter. CAHSD staff was also involved heavily with the shelter located at the River Center until the Red Cross came and took over. CAHSD had a presence at the Celtic Center and Southern University shelters. CAHSD staff worked hard, 12-hour shifts in the shelters.
- The Lamar Dixon shelter in Gonzales requested for CAHSD staff to work there. Dr. Kasofsky spoke with the physician in charge at Lamar Dixon and he felt it was adequate to transport people as needed to GMHC for services. Southern University, Celtic, and Lamar Dixon were able to use DOTD to transport people to CAHSD clinics. The people were prioritized and seen. CAHSD staff worked closely with the medical personnel in all of the shelters. They knew a lot of the medical personnel through other evacuations throughout the years.
- Dr. Kasofsky stated that the River Center Shelter still has over 400 people. The Red Cross provides her with an update and a census every night. She is concerned where these people will go when the shelter closes on Thursday. CAHSD will conduct an after action debriefing.
- CAHSD continues to post a mix of helpful information on the CAHSD website. The information posted is not only applicable to mental health but provides other helpful flood and financial related resources.
- CAHSD clinics remained open, while government and services were shut down the duration of the flooding event.

Federal Grant	Dr. Kasofsky	<ul style="list-style-type: none"> • Dr. Kasofsky provided an overview of LA Spirit. She stated that the LA Spirit is a huge endeavor and is wonderful for the community. Dr. Kasofsky explained that after a declared disaster, the Federal Government makes grants available to states. The grant must be requested and include documentation as to why the grant is needed. • LA Spirit is coming to CAHSD and will be called LA Spirit at CAHSD. There will be approximately 100 employees. Funding and documentation will be maintained in the State Office. The LA Spirit employees will represent the 8 parishes they will serve (All CAHSD parishes and St. James). OBH has hired about 30 people. John Nosacka and Dr. Kasofsky will interview/hire the management group who will report to John Nosacka. LA Spirit provides crisis counseling but not to the level of therapy approach. It's really mental health first aid. They are a community resource to help people in need get connected to services and resources that may have nothing to do with mental health. For the mental health piece, some group and individual counseling is provided but if a greater need is identified, LA Spirit staff will tell their manager (part of LA Spirit) who is a LCSW. People can be referred to CAHSD or go to a private provider. All services are anonymous; LA Spirit staff doesn't take notes, names or addresses unless there is a problem. If there is a problem, the people/person is referred to a higher level of care. Dr. Kasofsky encouraged Board members to please let CAHSD know if there are unmet needs in their community. 	
Integrated Care	Dr. Kasofsky	<ul style="list-style-type: none"> • CAHSD is assisting Humana as well as other providers in the community to overcome some of the barriers with providing behavioral health services in a primary care setting. Humana wants to improve the health of Baton Rouge and New Orleans residents by 20% by 2020. They have created four teams. Dr. Kasofsky is the co-chair of the BH team. They have had some productive meetings. The next meeting is on 9/23 @ 8:00 a.m. Anthony Speier, PhD, will present on acceptable screening tools that can be used in a primary care setting. There are tools for depression, for adults and children, and there is a tool for substance abuse and anxiety. Other speakers are: Lee Tynes, MD, OLOL Integration, Harold Brandt, MD, The Baton Rouge Clinic and Tim Young, HAART. The first meeting session will be spent reviewing the behavioral health tools in a primary care setting. In the second session the community will be invited to talk about their responses to the flooding. • Dr. Brandt, Medical Director, recently gave a presentation on integrated care to the physicians at The Baton Rouge Clinic. They have selected CAHSD to do co-location in their primary care setting. Our goal is to be placing social workers there that have been hired specifically to work in 	

		<ul style="list-style-type: none"> a primary care setting. On September 1st. a CAHSD social worker began working in the HAART FQHC. 	
Medicaid Expansion	Dr. Kasofsky	<ul style="list-style-type: none"> A handout was provided showing the number of CAHSD clients who became eligible for Medicaid. CAHSD expects to go from a population of 50% indigent to 10% indigent. Indigent people who seek treatment at CAHSD must live in one of our 7 parishes. 	
Self-Generated Revenue (SGR) Report	Dr. Kasofsky	<ul style="list-style-type: none"> Dr. Kasofsky provided an overview of the SGR report presented. She explained that collections are down due to the impact of the flood. State government was closed the first week following the flood but CAHSD stayed open. CAHSD staff worked on a voluntary basis. Very few clients were seen. Dr. Kasofsky hopes to reimburse the staff that worked in cash instead of K-time. Approximately 23 CAHSD staff was impacted by the flood, by either taking on water in their homes, total loss of cars and/or homes, and being displaced. 	
Peer Activities Presentation	Stephen Aguillard and Tonya Myles	<ul style="list-style-type: none"> Stephen Aguillard and Tonja Myles provided an overview of the Peer Program at CAHSD. S. Aguillard, Clinical Services Director, stated that CAHSD is leading the state relating to the Peer Program. Peers are people who are in recovery either in mental health, substance abuse or combination of both. Recovery means that the symptoms of the illnesses that they are dealing with are not so severe that they can't function. CAHSD Peers are functioning quite well. Some of our Peers have masters and bachelor's degrees. Peers hired by CAHSD go through DHH training. LASACT now gives them a certification. CAHSD trains Peers using a model called Seeking Safety, an evidenced based program. The Peers are paid workers, not volunteers. They are treated as a valued entity of our clinical team. They are seen as professionals on our team. They have a voice in staffing; they present perspectives clinical staff may not have. Supervision of Peers is ongoing. We want Peers to be successful for themselves, the CAHSD clients and the agency and don't put them in situations where they will fail. We check in with them regularly, at least 1-3 times per week. J. Nosacka conducts weekly clinical trainings with the Peers. Peers are not allowed to work in the same clinic where they are actively receiving treatment. T. Myles stated she is thankful for Peers having the opportunity to be at CAHSD. In order to be successful it takes a good team and strong leadership. She provided an overview of her recovery life. She stated that in the Peer Program, the LCSW's are the coaches and the Peers are the cheerleaders. Clients have their own treatment plan that is conducive to them. As a Peer, she tells clients they can reach their goals. CAHSD has 6 Peers. An overview of their work locations and funding 	

		was provided. T. Myles provided examples of how the Peers, Social Workers and Physicians work together. She explained that Peers have boundaries and ethics that they must adhere to. On behalf of the Peer Team, T. Myles expressed thanks for the opportunity to work at CAHSD.	
Board Membership	K. Bray	<ul style="list-style-type: none"> • Dr. Carpenter’s reappointment is almost complete – he will soon receive the application from Boards & Commission to complete. His appointment process is expected to be completed by the next Board meeting. • We need to continue working on filling the vacancies in East & West Feliciana and completing the reappointment process for Ms. Hurst. 	
Report from Chairman			
Board Policy Review by Direct Inspection/Board Business			
Board Policy Review	Ms. Katz	<ul style="list-style-type: none"> • The Financial Conditions/Activities and attachments were approved and seconded in consent agenda. • Ends Statement • Global Governance Commitment • Governance Style • Board Job Description • Operations Policy on Non Appropriated Funds – deleted from the Agenda. 	
Policy Review Assignment	Ms. Katz	<ul style="list-style-type: none"> • Unity of Control – V. King reviewed the policy and reported that the Board is in compliance. She had no recommendations for change. There were no questions. 	
Next Assignment	Ms. Katz	<ul style="list-style-type: none"> • Christy Burnett: Accountability of Executive Director 	
Community Participation	Ms. Katz	<ul style="list-style-type: none"> • Rusty Jabour thanked the Board members for their service to their communities. 	
Next Meeting	Mr. Spillman	The Board may meet on October 7, 2016 at CAHSD Annual Training meeting at the Catholic Life Center on South Acadian Thruway. Ms. Katz and Dr. Kasofsky will advise if this meeting will serve as the October Board meeting.	

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